

## Freehold Spring Lift Off 2026

Session	Date	Gndr	Group	Cat	Lot	Age	Name	Total	Team	Comps										
1	Sun May 17  Weigh In 6:30 AM  Start 8:30 AM	F	W35	63	10	38	BERRIOS, Dayana	90		W35										
				69	18	36	MALKANI, Gitika	100	McKenna Weightlifting	W35										
			W40	53	2	44	CAPLAN, Gina	85	Marble Weightlifting	W40										
				69	31	44	DIPOPOLO, Julie	70	Hub City Barbell Club	W40										
				77	43	43	LEE HERNANDEZ, Vanessa	105		W40										
			8		44	TAUBEROVA, Martina	90	Signature Fitness	W40											
			W45	77	37	47	JULIN, Amy	87	McKenna Weightlifting	W45										
				16	46	MARTINO, Maria	82	Tristate Barbell	W45											
			W50	63	1	50	WANG, Sandra	108	Salus Barbell	W50										
			W75	53	14	77	GUNTHER, Susan	60	Marble Weightlifting	W75										
Open	69	7	35	ROTBERG, Victoria	120	West Essex Barbell Club	Open													
2	Sun May 17  Weigh In 8:30 AM  Start 10:30 AM	M	U13	40	21	12	CAPLAN, Joey	35	Marble Weightlifting	U13										
				U17	56	45	16	MULVANEY, Christian	115	Salus Barbell	U17									
			M35	94	4	35	MATTERA, Joseph	195	Tristate Barbell	M35										
					12	36	GARCIA, Andrew	115	McKenna Weightlifting	M35										
			M40	71	22	41	DAI, Daniel	155	Stealth	M40										
					79	26	40	LALO, Arnie	180	Marble Weightlifting	M40									
					88	9	41	ERD, Jonathan	180	Marble Weightlifting	M40									
			M45	94	19	47	PINA, David	180		M45										
					Open	71	11	28	TERMULO, Ethan	175	Marble Weightlifting	Open								
			13	31			SHAH, Jay	154	Stealth	Open										
			88	33			23	HANDELMAN, Jared	185	Savage City Strength	Open									
			94	25	28	MEISKIN, Jake	173	Resurgence Barbell	Open											
										W35	77	3	39	KUHLES, Samantha	170	Marble Weightlifting	W35			
44	37	BURKHARDT, Elise	135	Tristate Barbell	W35															
W40	58	32	40	LABELL, Tanya	165	Tristate Barbell	W40													
		W45	58	6	47	BUSER, Nicole	120		W45											
77	49			47	HANSEN, Kristin	150	Marble Weightlifting	W45												
		Open	53						29		31	HELD, Emily	135	McKenna Weightlifting	Open					
63	35			30	BARIAS, Cai	120	McKenna Weightlifting	Open												
										77						23	32	SHAPIRO, Christie	127	Marble Weightlifting
30	35			MAGINNIS, Taylor	190	Tristate Barbell	Open													
								47												
86+	40	35	FORD, Ashley	175	Marble Weightlifting	Open														
4	Sun May 17  Weigh In 12:45 PM  Start 2:45 PM	M	U15	79+	15	15	HALL, Kevin	215	Marble Weightlifting	U15										
				M35	79	46	37	MCGRAIL, Patrick	210	McKenna Weightlifting	M35									
			M40	110+	28	43	KININGHAM, Sam	209	Reach Your Potential Training	M40										
			M45	94	42	45	BROMLEY, Chip	245	Marble Weightlifting	M45										
			Open	79	27	31	HOUGHTON, Connor	285	McKenna Weightlifting	Open										
											88	38	28	TSAKANIKAS, Christian	290	Gryphon Strength Barbell	Open			
			94	39	25	STEVEN GRULLON, Luis	230		Open											
										110+	34	25	ANDERSON, Samuel	300	Gryphon Strength Barbell	Open				