

2025 Cap City Open

Session	Date	Gndr	Group	Cat	Lot	Age	Name	Total	Team	Comps																												
F1	Sun Apr 27 Weigh In 6:00 AM Start 8:00 AM	F	Open	U15	71	41	14	MILLER, Juneau	66		U15, Open																											
				U17	59	57	16	KORN, Lucy	130	EAST COAST GOLD W/L TEAM	U17, JR, Open																											
				45	28	40	49	23	32	JEAN, Sheri	98	TCR Barbell	Open																									
														120	30	GERRALD, Daphne	112	BUILT BY BECKER WEIGHTLIFTING CLUB	Open																			
				55	124	33	HAYDEN, Maria	165	Renaissance Periodization	Open																												
											25	35	HILL, Kahla	135	BLACK & RED BARBELL CLUB	Open																						
																	90	33	NGUYEN, Lucy	132	BLACK & RED BARBELL CLUB	Open																
																							50	39	YANG, Liza	110	TOUGH TEMPLE BARBELL CLUB	Open										
																													117	28	SERGI, Tina	103	TCR Barbell	Open				
																																			55	27	PURTELL, Jamieson	98
				91	44	SOWAYAN, Adam	48	TOUGH TEMPLE BARBELL CLUB	U13, Open																													
U13	32	56	12							STAMBAUGH, Isaac	133	Westminster Barbell	U15, Open																									
														U15	73	34	14	RUBIN, Aidan	113	Black's Athletic Club	U17, JR, Open																	
																						U17	61	129	16	HAMMOND, Ryan	144	George Mason Olympic Weightlifting Team										
																													JR	73	125	19	CAMENARES, Christopher	245				
																																			67	75	22	NGUYEN, Jeremiah
				123	35	EVERHART, Timothy	220	Star Baker Barbell	Open																													
52	38	VUONG, Vince	200							Jerks That Jerk	Open																											
												44	33	DER, Andrew	200	Jerks That Jerk	Open																					
																		31	38	NGUYEN, Alan	195	George Mason Olympic Weightlifting Team	Open															
																								37	21	WRIGHT, Ethan	175	CHFP WEIGHTLIFTING CLUB	Open									
																														62	28	PAARPORN, Anthony	165	MUKHERJI, Prithviraj	60	Open		
				95	79	36	31	MERCIER, Nicole	164																												CHFP WEIGHTLIFTING CLUB	Open
35	45	PLAZIBAT, Antonia	140							BLACK & RED BARBELL CLUB	Open																											
												94	36	WILLIAMS, Amanda	138	Dynamis Barbell Club	Open																					
																		54	42	ZANBAGH, Maryam	130	BUILT BY BECKER WEIGHTLIFTING CLUB	Open															
																								16	48	KNOWLES, Amy	120	TOUGH TEMPLE BARBELL CLUB	Open									
																														4	43	HOFFMAN, Hillary	90	BAM Weightlifting Club	Open			
				18	43	THOMPSON, Crystal	59	CREEL, Chereese	180																											Open		
32	29	GREMIZZI, Lauren	165							South Loop Strength and Conditioning	Open																											
												86	31	SCHMIDT-MCCARTHY, Jayda	155	BAM Weightlifting Club	Open																					
																		59	29	BAILEY, Alexandria	140	351 Barbell Club	Open															
																								51	31	VALENCIA, Angeline	109	George Mason Olympic Weightlifting Team	Open									
																														26	32	YOUSSIF, Yassmina	105	George Mason Olympic Weightlifting Team	Open			
				27	23	NAIR, Keshav	200	George Mason Olympic Weightlifting Team	JR, Open																													
JR	81	101	20							FADLI, mehdi	200																									Built By Becker Weightlifting Club	Open	
												65	31	GREEN, Joseph	190	Sovereign Weightlifting	Open																					
																		6	39	BLUNTZER, Garrett	187	Renaissance Periodization	Open															
																								92	22	ZAPORTEZA, Elijah	153	TOUGH TEMPLE BARBELL CLUB	Open									
																														102	27	GOLDBERG, David	134	TOUGH TEMPLE BARBELL CLUB	Open			
				116	58	BELTRAN-GONZALEZ, Bryan	130	George Mason Olympic Weightlifting Team	Open																													
53	22	WAIYACHAI, Chalantorn	115							Westminster Barbell	JR, Open																											
												99	29	LOCKWOOD, Keely	107	12 Labours Barbell	JR, Open																					
																		21	20	MOORE, Cat	160	Dynamis Barbell Club	Open															
																								66	18	DEROSE, Carlyne	150	Westminster Barbell	Open									
																														84	32	STOFFER, Alexis	125	12 Labours Barbell	Open			
				110	25	WEDDLE, Katie	123	Rappahannock Strength and Conditioning	Open																													
10	39	PHILLIPS, Madeline	122							BLACK & RED BARBELL CLUB	Open																											
												80	23	KIM, Ashlee	120	DC Barbell	Open																					
																		64	36	WINKLER, Abby	120	CHFP WEIGHTLIFTING CLUB	Open															
																								30	27	BRISBIN, Miriam	115	CHFP WEIGHTLIFTING CLUB	Open									
																														58	37	GRIFFIN, Mackenzie	80	12 Labours Barbell	Open			
				119	29	TEAGUE, Mimi	122	Open																														
71	45	50	31						KIM, Tae	250	Open																											
												104	34	NEPOMUCENO, Matt	240	BAM Weightlifting Club	Open																					
																		77	25	TIEU, Benjamin	240	Renaissance Periodization	Open															
																								128	31	BAUMGARTNER, Luke	235	BLACK & RED BARBELL CLUB	Open									
																														96	33	WOOD, Dylan	220	Tough Temple Barbell Club	Open			
				60	33	TOLENTINO, Eric	217	TCR Barbell																												Open		
9	36	GRAZIANO, Joseph	211						CHFP WEIGHTLIFTING CLUB	Open																												
											38	28	MERCIER, Mark	210	Mach10 Weightlifting Club	Open																						
																	89	31	CHRISTIAN, Ethan	210	CHFP WEIGHTLIFTING CLUB	Open																
																							103	23	THRESHER, Alisha	175	EAST COAST GOLD W/L TEAM	Open										
																													68	39	SHESIUK, maria	155	BAM Weightlifting Club	Open				
				113	45	WEAVER, Megan	133	TCR Barbell																											Open			
79	36	POTAPOV, Ksenia	123																																			
									67	27																												

F4	Apr 27 Weigh In 12:15 PM Start 2:15 PM	F	Open	76	48	34	PARENTEAU, Alicia	115		Open	
					61	38	BEHRLE, Megan	115	TCR Barbell	Open	
					8	30	ERMER, Carlin	115	12 Labours Barbell	Open	
					78	29	DEPIANO, Chloe	113	Built By Becker Weightlifting Club	Open	
					85	31	ETIENNE, Fayola	105	DC Barbell	Open	
					14	39	DUNNER, Abby	100		Open	
					73	52	FLEMING, Endora	76	CHFP WEIGHTLIFTING CLUB	Open	
					81	22	37	STITCHER, Kristin	105	TCR Barbell	Open
M4	Sun Apr 27 Weigh In 12:15 PM Start 2:15 PM	M	Open	U17	89	39	16	AUKERMAN, Isaiah	170	Westminster Barbell	U17, JR, Open
				JR	96	71	18	MILLER, Jaxon	161	CHFP WEIGHTLIFTING CLUB	JR, Open
				89	112	32	SENEVIRATHNE, Kaneel	270		Open	
					105	27	PEI, Kevin	240	Dynamis Barbell Club	Open	
					121	45	MUELLER, Christopher	210	CHFP WEIGHTLIFTING CLUB	Open	
					72	25	PACKARD, Hunter	205		Open	
					98	42	CURBELO, Jose	200	Dynamis Barbell Club	Open	
					74	41	YU, wai	193	Mach10 Weightlifting Club	Open	
				96	108	28	GEEZA, Anthony	180	House of Weightlifting	Open	
					93	37	COMBS, James	260		Open	
					33	33	BOSTICK, Joshua	225		Open	
					49	25	WILLIAMS, James	165	Westminster Barbell	Open	
F5	Sun Apr 27 Weigh In 2:15 PM Start 4:15 PM	F	Open	JR	76	3	18	HOLLOWAY, Virginia	139	CHFP WEIGHTLIFTING CLUB	JR, Open
				81	109	24	GILMORE, Hanna	175	DC Barbell	Open	
					42	42	CHANGWAILING, Carla	110	DC Barbell	Open	
					118	40	MYERS, Heather	109	BAM Weightlifting Club	Open	
					76	38	SALAZAR-GARNETT, Ashley	102	12 Labours Barbell	Open	
					111	29	CONTRERAS, Yulia	100	Dynamis Barbell Club	Open	
				126	38	OCEAN, Jennifer	90	TCR Barbell	Open		
				87	17	32	MOLINA, Rebecca	125	TOUGH TEMPLE BARBELL CLUB	Open	
				87+	83	37	DUBLIN, Rebecca	175	EAST COAST GOLD W/L TEAM	Open	
					24	37	BULLOCK, Jennifer	142		Open	
					114	27	CARLISLE, Elizabeth	136		Open	
M5	Sun Apr 27 Weigh In 2:15 PM Start 4:15 PM	M	Open	U17	102	47	17	PULS, Lincoln	190		U17, JR, Open
				102+	43	17	KORCHNAK, Joe	200	CHFP WEIGHTLIFTING CLUB	U17, JR, Open	
				102	19	30	ÁLVAREZ ORTEGA, Andrés Felipe	300	DC Barbell	Open	
					40	42	KABAY, Ed	210		Open	
					127	35	SPRIGGS, Stephen	290		Open	
				109	12	44	DAVIS, Brandon	250	McKenna Weightlifting	Open	
					20	34	HEATH, John-Edward	193		Open	
				109+	13	24	THOMAS, Andrew	230		Open	
					15	34	MOSCH, Matthew	170	TOUGH TEMPLE BARBELL CLUB	Open	
					100	37	PICONE, Taylor	95	CHFP WEIGHTLIFTING CLUB	Open	