

2024 DMV WSO Championships

Session	Date	Gndr	Group	Cat	Lot	Age	Name	Total	Team	Comps			
1	Sat Sep 21 Weigh In 6:00 AM Start 8:00 AM	M	JR	73	114	19	NAIR, Keshav	180	George Mason Olympic Weightlifting Team	JR, Open			
			M45	73	38	48	CASANOVA, Gregory	164	BAM Weightlifting Club	M45, Open			
			M75	73	75	78	MUKHERJI, Prithviraj	63	TOUGH TEMPLE BARBELL CLUB	M75, Open			
			Open	73	35	34	EVERHART, Timothy	220	CHFP WEIGHTLIFTING CLUB	Open			
					9	32	YUAN, Bernard	185	CHFP WEIGHTLIFTING CLUB	Open			
					16	32	CAMENARES, Christopher	215	PHILADELPHIA BARBELL	Open			
					71	24	DUNKUM, John	165	Southside Barbell Club	Open			
			U13	67	14	34	SOS, Shoubry	150	Khmer Strength Movement	Open			
					39	83	13	HARRIS, Ferron	55		U13, Open		
					32	27	11	SOWAYAN, Adam	45	TOUGH TEMPLE BARBELL CLUB	U13, Open		
			U15	55	8	15	RUBIN, Aidan	80	Black's Athletic Club	U15, JR, Open			
					92	15	GOLDMAN, Zachary	80	Black's Athletic Club	U15, JR, Open			
			U17	61	67	14	MEYER, Joseph	70	Vicious Pit Barbell Club	U15, Open			
					67	76	16	LAPINSKI, Danny	175		U17, JR, Open		
2	Sat Sep 21 Weigh In 8:30 AM Start 10:30 AM	F	JR	55	93	18	YOST, Laney	150	DSP Barbell Club	JR, Open			
			W35	55	63	20	RAMIREZ, Sophia	0		JR, Open			
					41	36	REYES, Meredith	150		W35, Open			
			W40	55	32	40	JONES, Jane	117	BAM Weightlifting Club	W40, Open			
					52	44	LUTTRELL, Marjolene	115	TOUGH TEMPLE BARBELL CLUB	W40, Open			
					68	42	WILLIS, Jennifer	73	Baltimore Built Barbell	W40, Open			
			Open	55	77	21	COGAN, Makayla	145	DSP Barbell Club	Open			
					105	25	FOURIE, Talia	70		Open			
					49	46	PRASHAW, Jessica	115	CHFP WEIGHTLIFTING CLUB	Open			
			U15	71	110	15	DOMBOSKI, Alyssa	88	Westminster Barbell	U15, JR, Open			
			3	Sat Sep 21 Weigh In 10:30 AM Start 12:30 PM	M	M35	81	95	38	HARRIS, Ferron	160		M35, Open
						M40	81	56	37	BEGUN, Jason	126	Mach10 Weightlifting Club	M35, Open
								100	44	MUELLER, Christopher	210	CHFP WEIGHTLIFTING CLUB	M40, Open
						Open	81	19	24	TIEU, Benjamin	250		Open
125	31	WALLACE, Christian						250	POWER AND GRACE PERFORMANCE.	Open			
101	25	RANNO, Noah						250	1Kilo	Open			
37	22	CHRISTIAN, Ethan						220	Mach10 Weightlifting Club	Open			
10	21	BLUNTZER, Garrett						187		Open			
44	32	SHILLINGBURG, Kenneth						170		Open			
99	27	GEEZA, Anthony						160		Open			
1	28	BHANDARY, Ankit						160	Mach10 Weightlifting Club	Open			
91	23	GUEVARA, Quinn				140	Black's Athletic Club	Open					
U17	81	85				17	PHILLIPS, Thomas	171	TOUGH TEMPLE BARBELL CLUB	U17, JR, Open			
4	Sat Sep 21 Weigh In 12:30 PM Start 2:30 PM	F				JR	64	36	19	SCHULTZ, Elouise	155	EAST COAST GOLD W/L TEAM	JR, Open
			W35	59	59	118	19	LOCKWOOD, Keely	90	Westminster Barbell	JR, Open		
					69	36	KOMEMI, Michal	142	POWER AND GRACE PERFORMANCE.	W35, Open			
			W40	59	120	36	JENNINGS, Sarah	110	BAM Weightlifting Club	W35, Open			
					15	40	SUDJAPUN, Andrea	127	TOUGH TEMPLE BARBELL CLUB	W40, Open			
			Open	64	115	29	JARAMILLO, Couger	170	DC WEIGHTLIFTING CLUB	Open			
					11	32	WILSON, Stephany	150	DSP Barbell Club	Open			
					13	30	BENGE, Ashlee	140	BASA Weightlifting	Open			
					26	30	BAILEY, Alexandria	140		Open			
					122	23	BENDELE, Madison	135	Renaissance Periodization	Open			
					48	32	ERICKSON, Melissa	120	DC WEIGHTLIFTING CLUB	Open			
					106	25	GOMEZ, Adriana X	90	CHFP WEIGHTLIFTING CLUB	Open			
			59	64	32	HAYDEN, Maria	140	Renaissance Periodization	Open				
			U13	64+	24	11	FRIDMAN, Eliana	75	BASA Weightlifting	U13, Open			
U17	64	128	16	WILSON, Gia	95	TOUGH TEMPLE BARBELL CLUB	U17, JR, Open						
5	Sat Sep 21 Weigh In 2:45 PM Start 4:45 PM	M	M35	89	102	37	JENSEN, Shane	233		M35, Open			
			M40	89	40	40	GILLELAND, John	274		M40, Open			
					57	44	ROBERTS, Neil	212	TOUGH TEMPLE BARBELL CLUB	M40, Open			
					33	41	CURBELO, Jose	178	Dynamis Barbell Club	M40, Open			
			M45	89	109	49	GEDDINGS, Larry	185	Vicious Pit Barbell Club	M45, Open			
			M60	89	70	60	O'DAY, Robert	204		M60, Open			
			Open	89	124	28	FRIES, Troy	300	Renaissance Periodization	Open			
					50	24	GOODMAN, Caleb	300	RVA Weightlifting	Open			
					62	23	WINIARSKI, Samuel	235	CHFP WEIGHTLIFTING CLUB	Open			
					6	32	WOOD, Dylan	230		Open			
					89	29	WESTLEY, Alfred	220		Open			
					84	28	WRIGHT, Austin	200	CHFP WEIGHTLIFTING CLUB	Open			
					59	22	KIRSNER, Zachary	180		Open			
			5	31	FERRIS, Mike	162	CHFP WEIGHTLIFTING CLUB	Open					

6	Sun Sep 22	F	Weigh In 6:00 AM Start 8:00 AM	W35	71	51	36	REBHOLZ, Chelsea	155	BASA Weightlifting	W35, Open	
				W40	71	73	41	CONNELL, Megan	120	Baltimore Built Barbell	W40, Open	
				W45	71	55	49	MONTGOMERY, Gwendolyn	115	CHFP WEIGHTLIFTING CLUB	W45, Open	
						79	47	BYRNE, Lorrie	85	Southside Barbell Club	W45, Open	
				W50	71	31	52	PETERSAN, doron	78	DC WEIGHTLIFTING CLUB	W50, Open	
						72	29	RICHARDS, Abigail	200	DSP Barbell Club	Open	
						108	28	SCHMIDT-MCCARTHY, Jayda	153	BAM Weightlifting Club	Open	
						18	33	WALL, Brittlan	130	CHFP WEIGHTLIFTING CLUB	Open	
						65	21	BARRETT, Sophia	120	Southside Barbell Club	Open	
						4	31	FRYE, Kristin	117	RVA Weightlifting	Open	
96	28	WALKER, Alyssa	90			CHFP WEIGHTLIFTING CLUB	Open					
U17	71	54	17	MONTGOMERY, Wynter	143	CHFP WEIGHTLIFTING CLUB	U17, JR, Open					
7	Sun Sep 22	M	Weigh In 8:00 AM Start 10:00 AM	M40	96	126	44	ANDERSON, David	225		M40, Open	
				M45	96	34	47	STEWART, Richard	202	Orphaned Weightlifting Club	M45, Open	
				Open	96	123	28	BATOR, Andrew	280	MISSISSIPPI BARBELL	Open	
						86	21	MOORE, Julian	255	TOUGH TEMPLE BARBELL CLUB	Open	
						17	28	SAYGER, James	250	CHFP WEIGHTLIFTING CLUB	Open	
						104	25	ZWILLING, Ben	225	Renaissance Periodization	Open	
				U17	96	29	17	FERGUSON, Mitchell	210	CHFP WEIGHTLIFTING CLUB	U17, JR, Open	
						102+	25	16	KORCHNAK, Joe	200	CHFP WEIGHTLIFTING CLUB	U17, JR, Open
						119	17	TYLER, Connor	160	Southside Barbell Club	U17, JR, Open	
				8	Sun Sep 22	F	Weigh In 10:00 AM Start 12:00 PM	W35	76	23	38	THRESHER, Alisha
98	37	KRUSZEWSKI, Jane	115							CHFP WEIGHTLIFTING CLUB	W35, Open	
80	39	CLARK, Tereka	145							12 Labours Barbell	W35, Open	
117	36	CURBELO, Mallory	135								W35, Open	
22	39	MYERS, Heather	100							BAM Weightlifting Club	W35, Open	
W40	76	94	43					MEYER, Jenny	115	Vicious Pit Barbell Club	W40, Open	
W45	81	47	48					NOONE, Veronica	110	Baltimore Built Barbell	W45, Open	
W50	76	12	51					FLEMING, Endora	75	CHFP WEIGHTLIFTING CLUB	W50, Open	
W70	76	66	70					KING, Karen	76	Southside Barbell Club	W70, Open	
Open	76	42	27					FRIES, Victoria	185	Renaissance Periodization	Open	
		53	33	MALOMO-PARIS, Kiki	150	DISPENZA WEIGHTLIFTING CLUB	Open					
		28	32	WOLFE, Kylee	93		Open					
		7	30	BASACA, Kamille	130	CHFP WEIGHTLIFTING CLUB	Open					
		43	26	TAGATA, Madeline	100	DC WEIGHTLIFTING CLUB	Open					
9	Sun Sep 22	M	Weigh In 12:15 PM Start 2:15 PM	JR	109+	21	19	SHELAH, Vincent	242	Southside Barbell Club	JR, Open	
				M35	102	127	37	EVERETT, William	203	BAM Weightlifting Club	M35, Open	
						111	37	BLOMQUIST, Chad	202	RVA Weightlifting	M35, Open	
				M40	109	30	41	GALLAWAY, George	175	CHFP WEIGHTLIFTING CLUB	M40, Open	
				M55	102	103	56	WILSON, John	147	TOUGH TEMPLE BARBELL CLUB	M55, Open	
				Open	109	61	23	YI, Eugene	270		Open	
						87	23	NEWTON, Ryan	245		Open	
						112	26	DAVIS, Maxwell	230	RVA Weightlifting	Open	
						45	33	BLANTON, James	195	RVA Weightlifting	Open	
						113	30	MAHONEY, Bryan	180	DC WEIGHTLIFTING CLUB	Open	
109+	60	25	ALVARADO, Emmanuelle	211	Baltimore Built Barbell	Open						
U17	102	88	16	PULS, Lincoln	150		U17, JR, Open					
10	Sun Sep 22	F	Weigh In 2:15 PM Start 4:15 PM	W35	87+	58	35	WHITE, LeKiesha	200	RVA Weightlifting	W35, Open	
						81	36	MCHUGH, Lauren	170	KiloDelphia	W35, Open	
						20	38	MANCUSO, Bonny	129	Blackbird Barbell Club	W35, Open	
				W40	87	121	40	BAGBY, Lisa	130	CHFP WEIGHTLIFTING CLUB	W40, Open	
				W45	87+	82	48	GORDON, Nneka	94	CHFP WEIGHTLIFTING CLUB	W45, Open	
				W55	87+	74	57	BERHOW, Jana	92	CHFP WEIGHTLIFTING CLUB	W55, Open	
				W65	87	49	65	YOUNG, Doncella	80	CHFP WEIGHTLIFTING CLUB	W65, Open	
				Open	87	107	30	EARLE, Kiara	175	CHFP WEIGHTLIFTING CLUB	Open	
						87+	116	33	BERRY, Telicia	150	RVA Weightlifting	Open